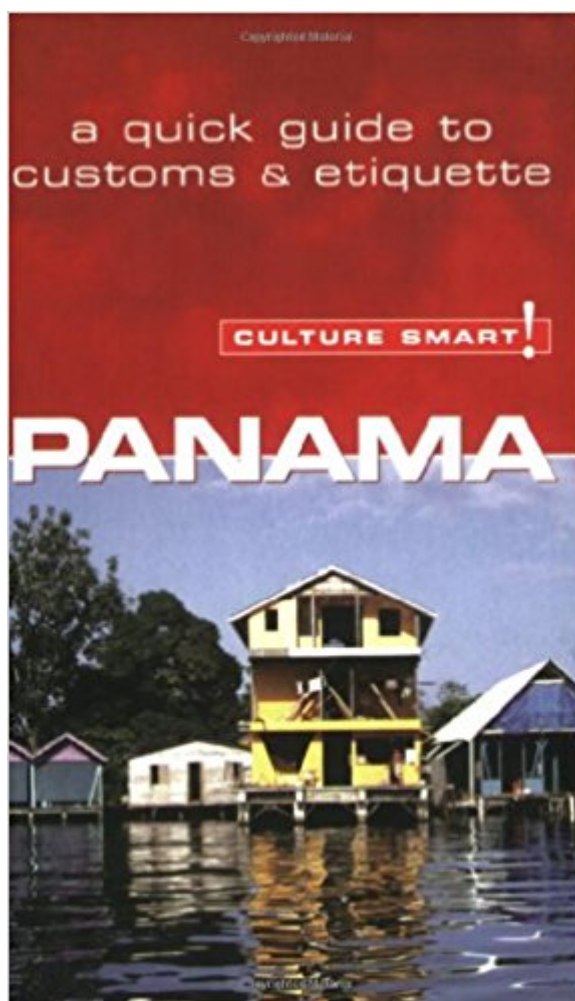


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# Panama - Culture Smart!: The Essential Guide To Customs & Culture



## Synopsis

Culture Smart! provides essential information on attitudes, beliefs and behavior in different countries, ensuring that you arrive at your destination aware of basic manners, common courtesies, and sensitive issues. These concise guides tell you what to expect, how to behave, and how to establish a rapport with your hosts. This inside knowledge will enable you to steer clear of embarrassing gaffes and mistakes, feel confident in unfamiliar situations, and develop trust, friendships, and successful business relationships. Culture Smart! offers illuminating insights into the culture and society of a particular country. It will help you to turn your visit-whether on business or for pleasure-into a memorable and enriching experience. Contents include \* customs, values, and traditions \* historical, religious, and political background \* life at home \* leisure, social, and cultural life \* eating and drinking \* do's, don'ts, and taboos \* business practices \* communication, spoken and unspoken

## Book Information

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## Customer Reviews

"Culture Smart has come to the rescue of hapless travellers." [Sunday Times Travel](#)

Heloise Crowther is a British travel writer who specializes in Central America. Currently based in Costa Rica and London, she writes for guidebooks and English newspapers. She spent five years traveling in Latin America, and lived in Panama for three, during which time she wrote extensively about the country. Heloise was the major specialist contributor to [Panama: The Bradt Travel Guide](#),

which won the 2005 Best Guide Book Award from the British Guild of Travel Writers.

tells it like it is

I read this book on the flight down to Panama for our honeymoon. It covered all of the basics of the customs, culture, history, food, etc. for what turned out to be a very charming country. This book is a must read for anyone that is traveling to Panama and wants to go beyond the boundaries of a guided tour or 4 star hotel stay. If you prefer to get to know the people and culture of Panama choose this quick read to get you started.

I have graduate students read it before going to Panama. It gives more insight than most locals I have talked to. And I have used it to inform ex-pats on things they are not aware of.

We are so glad we bought this book. Great supplement to the Bradt Travel Guide. These are the ONLY 2 books that have been published recently (our trip is November 2007) and so far don't seem so out of date. Got a lot of ideas & suggestions out of this book & well worth what little it costs.

This very small book held a few good suggestions, but these could probably be gleaned by spending just a few days in the country. Not too in depth. Better to go on some blogs about Panama to learn way more.

Just as advertized

My retirement destination....ready NOW!

Our daughter traveled to Panama where my husband once lived and used this guide on her free days to find some interesting things.

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